

TUNES

MERRIWEATHER POST PAVILIONby *Animal Collective*

Over the past decade, New York-based Animal Collective has wowed underground audiences with its malleable mishmash of hot-blooded funkiness. The prolific pack is again earning critical acclaim with their ninth studio album.

Founded in Baltimore, the auditory adventurers have evolved from folk to techno and everything in between, yet they always keep it indie and poppy enough to offset the experimental commotion. It doesn't seem like howling could be commercially viable, but their primal melodies, glistening grooves and trippy tribal beats transcend cultural barriers.

The synthesized dance party is a syncopated salute to neo-hippies everywhere. Animal Collective is like sonic foreplay that flirts with minimal, ambient textures before striking its prey with freewheeling audacity. From the holographic cover art that plays tricks with the eyes to the drum circle left spinning around, *Merrweather Post Pavilion* is a psychedelic circus not to be missed.

Take a trip over to www.animalcollective.org



PAGES

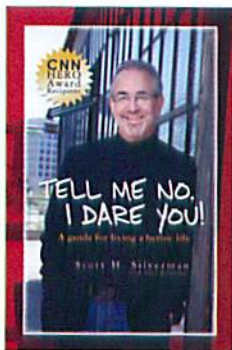
TELL ME NO. I DARE YOU!by *Scott H. Silverman*

Part memoir, part how-to book, this is the heartfelt story of a rebellious young man on a self-destructive path. As he enters high school, his life becomes littered with drug and alcohol addiction, daredevil impulses and repeated suicide attempts.

Through the often mean streets of Turkey, Israel and Amsterdam and across the deserts of Southern California, he finally finds the inner voice to project from a place of poise, not shame. This inspiring book will encourage readers to find their calling, achieve success and alter that which is limiting their potential.

Local author Scott H. Silverman was named a 2008 "CNN Hero of the Week" for his own tale of faith and fortitude. It's hard to believe that this community crusader once considered leaping out of a 44th floor window. Silverman is also active in the non-profit sector, helping San Diegans turn their lives around through his Second Chance program.

Learn more at www.scotthsilverman.com and www.secondchanceprogram.org



THE TOP NINE

WAYS TO TURN UP THE ROMANCE THIS MONTH ACROSS THE COUNTY

**ONE / CORONADO**

What's dreamier than drifting through the Coronado Cays in a Venetian gondola? Special Valentine's packages are available for private cruises from February 11-16 through Gondolacompany.com.

TWO / DEL MAR

Picnic in the countryside before toasting a bottle of the bubbly over the Pacific coast in a hot air balloon. Check out Sdfights.com.

THREE / JULIAN

Stroll through apple orchards, ride a horse-drawn carriage and stay the night at one of the mountain town's cozy bed and breakfasts.

FOUR / ESCONDIDO

Skip the Temecula trek and check out reasonably priced wine tasting to go from San Pasqual Valley to Escondido.

FIVE / CARLSBAD

Nearly 50 acres of Giant Tecolote Raununculus flowers bloom each spring. It's only open from March 1 until the end of May, so make plans this month.

SIX / BORREGO SPRINGS

Hike to the natural spring oasis of Palm Canyon and lounge like a lizard at Borrego's most romantic retreat, La Casa Del Zorro.

SEVEN / BALBOA PARK

The park is swimming with fountains, flowers and secret gardens. Get lost at a museum, ride the carousel and dine on the patio at The Prado.

EIGHT / LA JOLLA

La Jolla Cove offers the best of fine dining and marine interactivity when your pleasure is watching seals, snorkeling or spelunking through caves.

NINE / MISSION BAY

Get a sunset serenade at Tangier, the Bahia Hotel's Moroccan piano bar, cap the evening on a moonlight cruise aboard the Bahia Belle sternwheel

14 PICKS

compiled by
Christina Buquid



MILD OBSESSIONS

V-DAY SPLURGES

SANSA FUZE

This limited-edition MP3 player (available in pink and red) lets you whisper sweet nothings to your Valentine into its built-in voice recorder. \$80
Go.shopsansa.com

TIDE POOL NECKLACE BY DOUBLE HAPPINESS

She'll turn heads in this stunning pearl, gold and coral bauble from the new spring line of this San Diego company. \$162 | Doublehappinessjewelry.com

CANON EOS 5D MARK II

A photographer's newest best friend can be found at George's Camera in North Park, housing a prolific selection of unique cameras. \$2,700 | Georgescamera.com

LAVISH AROMATIC BOTANICAL PRODUCTS

Surprise the Valentine with a sensual gift set from this adorable Mission Hills shop, which includes aphrodisiac soap and massage cream. \$50
Lavishproducts.com

WANNA PLAY HIDE THE _____ ?

FILL IN THE BLANKS IN THE RA.



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make red the color of a vibrant life...
wear a red blouse...
wear red lipstick...
wear a red tie...
sport a fabulous red handbag

go red for women luncheon

March 13, 2009
10:00 am - 2:00 pm
The Grand Del Mar

HELP fight San Diego's number one killer of women.
SHOW your support by calling 858.410.3833
or e-mail Rebecca.Samson@heart.org
www.goredforwomen.org



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